

To Protect and To Heal Safe Environment Grades 3 - 6

I am created in the
image of God.

I take care of my
body because it is
sacred and holy.

“In God’s Image” Word Search

N R E S P E C T V F A
Y O U U N O K D R H S
T J I B Q W A I M E A
I S J S V I E M C D H
R U E G S N N I T C Z
O S V C D I O U U M F
H E D X R H M O E J A
T J C N C E T R X P M
U Z Y P F G T E E G I
A T R O P E R S R P L
T R U S T X G B K P Y

AUTHORITY CHOICES FAMILY

FRIEND JESUS PERMISSION

REPORT RESPECT SECRETS

TOUCH TRUST UNIQUE

(Talk about the words in the
word puzzle with your class or
family.)

GOD LIVES IN COMMUNITY WHICH WE CALL THE TRINITY.

Good and loving human
relationships and friendships
can help us understand
ourselves, God, and others.
Some people misuse
friendship and harm others.

I have the right to be
safe. I have the right
to be protected from
anything and anyone who
may harm me.

The Archdiocese of New
Orleans will make sure that
children who worship, study,
and participate in activities
sponsored by the Archdiocese
can do so in the safest and
most secure setting possible.

Pope John Paul II told children: “The
future belongs to you; for you are the
leaders of tomorrow. As you plan and
prepare for the future, it is right that you
should aspire to greatness, that you
should wish to accomplish great things in
your lives. May you never give up these
desires, but remain always *children of*
high principles and hopes.
St. Lucia; July 7, 1986

What do I want to be when I grow up?

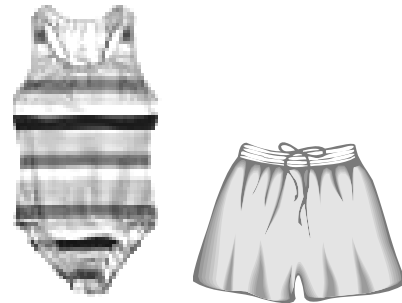
Touch is important to us.
Touch can be safe or unsafe and unwanted.

[Talk about how I can say "no" to someone who wants to touch me in a way that I don't want and who feels unsafe or unwanted.]

Sometimes I need help.

WHO ARE THREE ADULTS I CAN GO TO IF SOMETHING IS WRONG? I CAN TALK TO THEM AND THEY ARE HERE TO HELP ME WITH ANYTHING, WHENEVER I NEED THEM.

1. _____
2. _____
3. _____



The "private parts" of my body are under my bathing suit.

When an adult hurts a child it usually takes place in secret and is kept secret because the person who is hurting the child is afraid someone will find out about it. A child who is hurt by an adult cannot blame himself/herself. It is NOT the child's fault. The child who is hurt in any way by an adult does not have to keep it a secret.

Our dignity of belonging to Christ tells us that we should treat our bodies and the bodies of others with respect. (paraphrase CCC1004)



What types of behavior or touch are acceptable?

- ✚ Side hugs
- ✚ Shoulder to shoulder hugs
- ✚ Pats on the shoulder or back
- ✚ Handshakes
- ✚ "High-fives" and hand slapping
- ✚ Verbal praise
- ✚ Kneeling or bending down for hugs with a small child
- ✚ Arms around shoulders
- ✚ Holding hands while walking with a small child
- ✚ Holding hands during prayer



Directions: Write the following statements, or similar statements, on a piece of paper. Place them in a bag or box and have each child select one and talk about it with the class.

What types of behavior or touch are inappropriate?

- ✚ Compliments about your body
- ✚ Any type of massage given by an adult to a young person or by a child to an adult
- ✚ Touching buttocks, chest, or genital areas
- ✚ Touching knees or legs of a minor
- ✚ Inappropriate or long embraces
- ✚ Kisses on the mouth
- ✚ Showing affection in isolated areas, such as bedrooms, closets, "staff only areas", or private rooms
- ✚ Sleeping in the bed with a minor
- ✚ Any form of unwanted affection

- When Mom or Dad kisses me before I go to school it is an example of good touch.
- My body is mine and no one may touch it without my permission.
- There are some times when it is okay to keep a secret.
- If a person in authority tries to touch me in a private area I should say, "NO".
- If an adult uses "bad touch" and hurts me it is not because I did something wrong.
- If someone does something to my body that makes me feel uncomfortable I can run and scream and get help.
- To respect someone is to treat them the way I want to be treated.
- God made me special and loves me just the way I am.

THE MOST IMPORTANT
THING IN LIFE IS:

WHAT CAN I DO TO PROTECT MYSELF?

- Always remember that I am special and that God loves me just as I am.
- Take care of my body because God gave it to me as a gift.
- Recognize my feelings and know when I am uncomfortable with the way someone touches me.
- I can say, "NO" when someone tries to touch me in a way that makes me feel uncomfortable.
- I can talk to trusted adults when I have a problem or a question.
- It is important for me to make my own decisions when it comes to protecting my body.

- Remember that I am a good friend and a valuable member of my family, class, and Church.
- Treat everyone with respect.

PRAYER

Dear God,

You are good and I love you. You created me in your image and gave me gifts that are different from the gifts of everyone else.

I have my own personality, my own family, and my own friends.

My body is sacred and holy. Help me to show respect for my body and for the bodies of others.

Protect me and help me to remember that there are always trusted adults who are in my life to help me through any problem.

I ask this in the name of the Father, and of the Son, and of the Holy Spirit. Amen.